

Practical Approaches to Racism

A Toolkit for Change in Our Schools

2021 Resource By Cultúr Migrant Centre



Special Thanks to Cultúr Staff,
Volunteers, Community
Leaders and Local Schools.

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What is Racism?



Racism is when people are treated unfairly because of their skin color or background.

- Types of Racism -

Individual: Your attitude, belief and behaviour towards someone. E.g, through verbal or physical attacks or harassment.

Institutional: difficult to recognise. Can be seen in employment, education, housing and other public sectors. Racism is often an institutional issue.

Cultural: happens when the values and/or belief systems of one ethnic group are considered superior to others.



Tips for Educators to Promote Diversity



Why Should we Address Racism and Discrimination?

Prejudice is a burden that confuses the past, threatens the future, and renders the present inaccessible. - Maya Angelou



Schools have an important role and responsibility in addressing and eliminating racism through:

Promoting greater social cohesion

Addressing implicit bias

Explaining the curriculum from multiple perspectives



Watch: [Guide to Equal Status Act](#)



**STOP
RACISM**

Causes of Racism



Failing to recognize racism in oneself

Many believe self-interest is the root cause of racist beliefs



Maintaining the status quo that protects racism to “keep the peace”

Discriminatory policies that discriminate by race and keep people in poverty. Housing laws are an example of this



“Good” people who don’t challenge racism and speak out against it

Only interacting with people who share the same beliefs is a root cause of racism for individuals

For many people, blaming others is a reflex. You can hear it in statements such as “Illegal immigrants are stealing our jobs!”

Making rash judgements about others based on their appearance, clothing, how they talk, and other physical traits



How to Address Racism in our Society

1

Become aware and admit that we may hold prejudices about people



Make a conscious effort to correct our bias against other people

2

3

Give equal opportunities to all



**STOP
RACISM**

Initiate laws to help address hate crime and racism

4

5

Publicly challenge racism



What You Can Do



**Admit
racism
exists!**

**Actively
fight racism
and racist
culture**

**Speak up.
Wherever and
whenever you
see it**

**Report racist
incidents -
don't be a
bystander**



**Believe
victims and
support
them**



Why Encourage the Reporting of Racism?



To **break the silence and isolation** of those affected by racism

To **provide information, support** and **seek redress**



To find out how to **take action against those responsible.**

TAKE ACTION



To **monitor racism**, to understand who is experiencing it and make relevant authorities & public aware of it



To help **devise strategies and policies** for combating it on local/national level

2021 Statistics



2021

RACISM IN IRELAND
iReport Reports of Racism

INCIDENTS

Discrimination
90



36

Access to
Goods &
Services



16

Workplace



35

Public Sector



3

Accommodation

All Other
Incidents 47

TOTAL REPORTS
404

Criminal Offence
154



40

Assault



39

Harassment



13

Serious Threat

Hate Speech
113



9

News Media



65

Online
Platforms



2

Politicians



10

Far-Right
Groups



27

Other

REPORT RACISM AT WWW.IREPORT.IE

READ THE LATEST REPORTS OF RACISM IN IRELAND AT WWW.INAR.IE

For up to date Statistics visit
WWW.IREPORT.IE





Cultúr's Community Programmes

Contact us to get involved

Community skills.

Advocacy.

Issue-based training.

**Integration &
Equality workshops.**

Career workshops



Youth activities.

At Cultúr

**Cross-cultural
Festivals & Events.**

Dialogue Forum

**Group Establishment
&
Development.**

**Cultúr Celebrating Diversity
Ground Floor, St. Anne's Resource Centre
(Grounds of St. Mary's Church)
Navan Co. Meath**



Help support our work

With your support Cultúr will be able to extend its reach to **asylum seekers, refugees, low paid migrant workers** and **all migrants** to provide further support and information; English language supports and additional empowerment, personal development and motivation workshops to migrants and asylum seekers.

Here at Cultúr we don't just help migrants, we encourage and empower them. Every year we engage with and support the empowerment of migrants within County Meath and its surroundings. Make a contribution to Cultúr and help fund our community work.

Donate [here](#).



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THANK YOU!

#CulturNavanStandsAgainstRacism
[#StandUp4HumanRights](#)

We would love to hear from you!



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An Roinn Leanaí, Comhionannais,
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